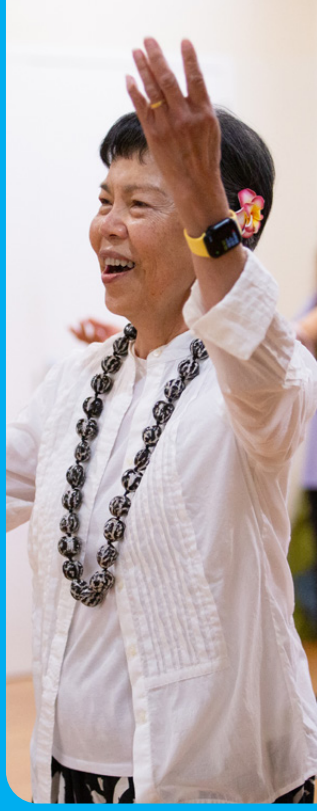








the YMCA OF GREATER SAN FRANCISCO

BUILDING HEALTHIER COMMUNITIES TOGETHER

2025–2026 ANNUAL REPORT

OUR **IMPACT**

Strength in Numbers

WHAT WE ACHIEVED TOGETHER IN FISCAL YEAR **2025–2026**

REGIONAL REACH

131
program sites across San Francisco, San Mateo, and Marin counties

15
neighborhood locations

2,000+
dedicated employees

130,000
people served

37,262
households and families belonging to the Y

FINANCIAL STEWARDSHIP

$4M+
in direct membership financial assistance

$5.1M
in healthcare insurance partner subsidies

11,088
individuals received financial assistance

AQUATICS & WATER SAFETY

4,457
participants in youth aquatics and water safety programs

FOOD ACCESS & BASIC-NEEDS RELIEF

5.9M
pounds of fresh groceries distributed

VOLUNTEER & COMMUNITY ENGAGEMENT

908
community volunteers

22,118
volunteer hours contributed

YOUTH DEVELOPMENT & EDUCATION

Largest
nonprofit youth-serving organization in the San Francisco Bay Area

10,000
youth served daily

4,941
youth enrolled in before- and after-school programs

4,020
summer camp participants







TABLE OF **CONTENTS**

2 OUR IMPACT

4 MAKING AN IMPACT TOGETHER

6 COMMUNITY NEEDS CHANGE, THE Y RESPONDS

8 BETTER HEALTH HAPPENS IN COMMUNITY

10 FINDING YOUR PEOPLE

12 BUILDING THE WORKFORCE OUR COMMUNITIES NEED

14 HELPING FAMILIES THRIVE

16 CAPITAL CAMPAIGN HIGHLIGHTS

18 FINANCIAL IMPACT & REPORTING

19 PHILANTHROPY IN ACTION

22 LEADERSHIP & GOVERNANCE



BE, **BELONG, BECOME®**

Making an Impact, Together

Dear Friends and Community Members,

At the YMCA of Greater San Francisco, we believe a community's well-being is measured by how all of its people are doing. As we often say, we are not well, unless we are **all well.**

That belief is at the heart of our vision for community well-being. It reminds us that health is shaped by far more than healthcare. It is shaped by whether a child feels safe, a family can find food and support, a young person sees opportunity ahead, an older adult stays connected, and each of us has a place where we know we belong.

This is work the Y has always done. Today, we are bringing greater focus to it and strengthening the connections among our programs, people and partners across San Francisco, Marin, and San Mateo counties.

This year, families accessed food and care. Young people gained mentors, first jobs, water safety skills, and places to grow. Older adults found movement, friendship and purpose. In every community, we cared for people's physical, social, and emotional well-being while working alongside schools, public agencies, health organizations, philanthropic partners, and community leaders.

From our branches and neighborhoods, we see this work from different vantage points—but we share the same conviction: the Y's greatest strength is not any single program or building. It is trust. It is presence. It is our ability to bring people together, listen, and respond as part of the community.

The pages that follow tell that story—community well-being taking shape relationship by relationship, partnership by partnership, neighborhood by neighborhood.

We are proud of what our staff, volunteers, donors, partners, members, and communities made possible this year. We also know the work is not finished. Community well-being is not a destination or a new program—it is a promise to keep asking what people need to thrive, and to have the courage to respond.

Together, we are creating communities where more people can Be, Belong, Become. And together, community well-being is possible.





With gratitude,

Jamie Bruning-Miles, President & CEO
Dr. Gina Gregory-Burns, Board Chair



COMMUNITY NEEDS CHANGE, **THE Y RESPONDS**

A school strike can upend a family's childcare overnight. Rising costs can make every trip to the grocery store harder. Through sudden changes and everyday pressures, families turn to people they know and places they trust.

Across 131 program sites in San Francisco, Marin and San Mateo counties, Y staff know the families and neighborhoods they serve. Those everyday relationships help us respond when circumstances change—with safe care, nutritious food, and steady support.

SHOWING UP FOR FAMILIES

When the 2026 United Educators of San Francisco strike closed SFUSD schools, city leaders—including the Department of Children, Youth and Their Families (DCYF)—turned to the Y.

Within hours, Y branches across San Francisco opened full-day emergency care centers. For children, that meant a safe, welcoming place to learn, play, and stay connected.

For working parents, it meant peace of mind as they continued their jobs. The Y also provided breakfast, lunch, and snacks for students who rely on school meals.

Together, San Francisco Y branches **served 671 young people during the strike.**

> "Seeing every family who needed care during the strike receive a spot showed what strong partnership can make possible for our school community."
>
> **Paula Antram,** Principal at Jose Ortega Elementary School, San Francisco





"During the strike and school closures, the YMCA immediately stepped up, providing safe, welcoming spaces where young people could learn, receive nutritious meals, and stay connected while giving working families peace of mind. Community-based organizations like the YMCA are a lifeline for San Francisco families."

Emily Davis, SF Department of Children, Youth, and Their Families



Food Access, Year Round

Families need reliable access to nutritious food throughout the year. Across 13 dedicated food programs, the Y helps households keep fresh groceries on the table as living costs rise.

This year, the Y and its partners:

- Distributed **5.9 million pounds** of fresh groceries in partnership with the SF-Marin Food Bank, Second Harvest of Silicon Valley, and local agencies.
- Held **156 community pantry** visits and distributions, reaching **525 individuals** facing acute food insecurity.
- Brought together **900+ volunteers** who contributed **22,118 hours** sorting, packing, and delivering fresh produce directly to families.



BETTER HEALTH HAPPENS IN COMMUNITY

MANY DOORS, ONE PATH TO WELL-BEING

People come to the Y for a fitness class, childcare, food assistance or counseling. Each connection can lead to a wider circle of care for themselves and their families.

For nearly 175 years, the Y's mission has united mind, body and spirit. Today, we work alongside healthcare providers, residents and local partners to bring prevention and everyday support closer to home.

NEW WAYS TO SUPPORT BETTER HEALTH

This year, we partnered with Open Source Wellness, healthcare organizations and community partners to pilot **Community As Medicine (CAM)** at the Peninsula Y. The 12-week program combines movement, nutrition, stress reduction and social connection.

Every participant surveyed reported gaining practical tools to manage stress and improve mental and emotional well-being. Participants completed 23 hours of care and built relationships that continued beyond the program. Building on these results, the partnership is expanding to the Mission and Stonestown Y locations.

> "You only get one body and one life, so you take care of it, one day at a time."
>
> **John Peyton,** CAM participant

CARE SHAPED BY COMMUNITY

Community health begins with listening. Residents and local partners help shape services around each neighborhood's strengths and needs.

- **Family support** Our four Family Resource Centers connect families with case management, food, financial assistance, caregiver groups and wellness programs. Through partnerships with the San Francisco Department of Public Health and Mental Health Services YMCA, residents of HOPE SF communities, including Sunnydale and Alice Griffith, also access behavioral health services and nursing care.
- **Culturally grounded care** At the Bayview YMCA, the African American Holistic Wellness Program brings movement, free counseling, support groups, cultural events and wellness workshops to Black residents and community leaders.
- **Trusted neighborhood voices** Through **Community Health Ambassadors (CHAMP)**, in partnership with HOPE SF, residents receive training and paid employment to provide peer outreach, health education and workforce development in public housing communities.





Seniors Participate in Ikebana Flower Arranging

Strength, Connection and Brain Health



More than **3,500 older adults** across **15 Bay Area locations** build strength, relationships and purpose through social and community programs.

The Y's **Brain Health Program**, developed with **Posit Science**, is a 12-week hybrid curriculum tackling cognitive vitality through evidence-based lifestyle change—pairing digital cognitive exercises via BrainHQ with personalized lifestyle coaching, nutrition guidance, and restorative sleep routines.

Participants gather in supportive cohorts, in-branch and virtually, to build cognitive resilience and combat the isolation that can accompany aging. Combined with group exercise, walking clubs, chronic disease support, and vibrant social groups, the Y ensures that getting older in the Bay Area is rooted in dignity, purpose, and connection.

MAKING BETTER HEALTH ACCESSIBLE

At the Y, Membership for All financial assistance and health insurance partnerships help people afford opportunities for movement, preventive care and connection. More than half of Y members receive support: 32% through insurance partnerships and 20% through Membership for All.

With support from donors and philanthropic partners, the Y provided **$9.1 million** in health subsidies this past year: $4 million in direct financial assistance and $5.1 million in insurance partner subsidies—a 45% increase over the previous year.

Members receiving support made nearly **800,000 visits** and recorded more than 128,000 attendances at group wellness classes.

FINDING YOUR PEOPLE:

HOW BELONGING STRENGTHENS YOUTH MENTAL HEALTH



The U.S. Surgeon General calls loneliness one of the most pressing public health crises of our time. Our kids carry a heavy burden of anxiety, depression and constant digital noise.

As the region's largest youth-serving nonprofit, the Y makes belonging central to youth mental health. From early childhood education to summer camps welcoming **4,020 campers** and before- and after-school hubs serving **4,941 youth**, we create spaces where young people find caring adults, supportive peers, purpose and a connection to something bigger than themselves.

ONE RELATIONSHIP CAN CHANGE A LIFE: JOE & JOSUE

Real belonging happens one relationship at a time. That's the driving premise behind Reach & Rise®, founded by the YMCA of Greater San Francisco in 1992 and now a nationally recognized model backed by the Office of Juvenile Justice and Delinquency Prevention. The program pairs youth ages 6–17 facing family turbulence, school stress, or low self-esteem with mentors trained in cognitive behavioral therapy techniques to provide structured, therapeutic support.

When San Francisco marketing leader Joe Newfield saw a flyer at his local Y, he volunteered and was paired with Josue, a fourth grader facing behavioral challenges at school.

"Josue and I worked to name his feelings, create more fulfilling relationships, and catch up on his studies. We also had plenty of fun. I didn't become a mentor for the recognition. I did it to see if I could make a difference in a young person's life. What I didn't expect was how much difference he would make in mine."

Joe Newfield, YMCA Reach & Rise® Mentor of the Year

Joe and Josue's weekly hangouts quickly became a steady anchor for both of them. Josue built confidence and emotional resilience, and Joe was named Mentor of the Year for his dedication. But for these two, the official end of the program was really just the beginning of a lifelong friendship.



DATA THAT PROVES CONNECTION WORKS

Joe and Josue's experience reflects a broader pattern across our youth development and school-age programs:

> **86% of surveyed youth affirmed** "there is at least one adult here who really cares about me."

WHERE BELONGING TAKES ROOT

Belonging also grows in the hours between the final school bell and the family dinner table. This year, **1,505 youth** participated in Y sports leagues, building friendships while learning sportsmanship and accountability.

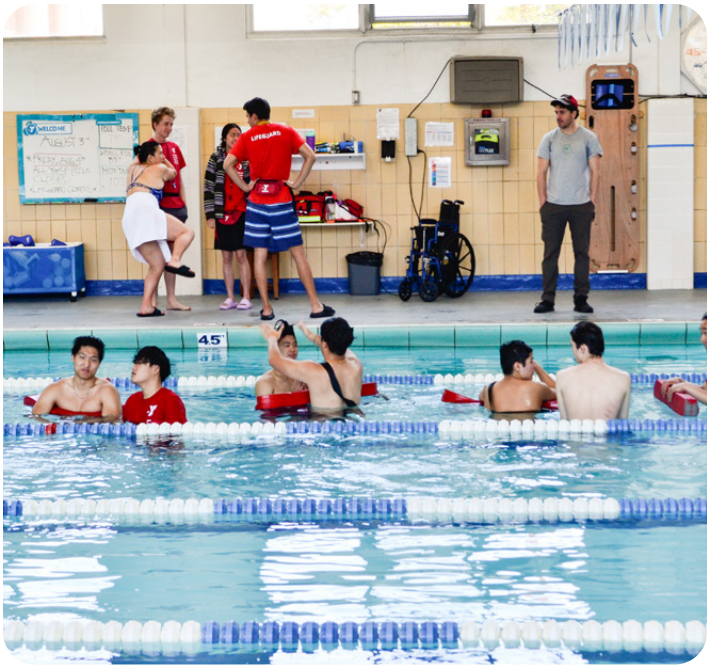
Youth councils and the **Youth Empowerment Fund**, administered through Urban Services YMCA, give teens a voice in their communities. The fund awards more than **$425,000 annually** in youth-led grants, giving young people the resources to shape their lives and neighborhoods.











BUILDING THE WORKFORCE OUR COMMUNITIES NEED

DIVING INTO A LIFELONG CAREER: AZAEL'S STORY

Before Azael Lopez could teach others to swim, he had to learn himself.

He arrived at the Bayview Hunters Point YMCA as a non-swimmer through the Y's Workforce program. He put in the work and earned his YMCA Swim Lesson Instructor certification. The following spring, he returned to teach neighborhood youth, helping them learn the skill he had worked so hard to master.

Azael went on to work at the Presidio YMCA, where he earned his lifeguard certification. Swimming had become a skill he could build a future on.

When he arrived at the University of Hawai'i in 2025, Azael brought those skills with him. He could swim in the Pacific's open water and found a job with the Y of Honolulu—an opportunity to earn an income while attending college.

OPENING OPPORTUNITIES CLOSE TO HOME

For young people in Bayview–Hunters Point, learning to swim means being able to enjoy the water safely. It can also lead to a first job, a chance to teach younger children and a role protecting their neighbors.

Our **Bayview Safety Swim & Splash (BSSS)** program brings those opportunities together through a partnership with the San Francisco Recreation and Parks Department and local initiative SF Pathways.

At the Martin Luther King Jr. pool, children ages 6–14 receive free swim lessons, helping them safely enjoy their local waterfront park at India Basin.

Through SF Pathways, local teens and young adults receive free lifeguard certification and swim instructor training, along with paid leadership placements in their own neighborhood pools. In FY25–26, 14 young people became certified lifeguards and swim instructors through the Y.



Through a partnership with Alaska Airlines, Bayview YMCA teens learn about careers in aviation.





LOCAL TALENT, LASTING OPPORTUNITY

Across fields such as community behavioral health and aquatics, communities need skilled people who care about those they serve. The Y helps local talent build careers through training, mentorship and paid experience.

With more than **2,000 team members**, the YMCA of Greater San Francisco is one of the Bay Area's largest civic employers. We invest in people who know their communities and want to help them thrive.

INVESTING IN TOMORROW'S MENTAL HEALTH LEADERS

That same commitment to career pathways extends into community health. Through our Mental Health Services Branch—a workforce training tradition dating back to our acquisition of Youth Service Bureaus in the late 1980s—the Y operates one of the Bay Area's most enduring training pipelines. Up-and-coming therapists, graduate students, and clinical interns work directly alongside licensed professionals, gaining supervised, hands-on clinical hours in trauma-informed care and youth counseling within neighborhood facilities and local public schools.





HELPING FAMILIES THRIVE

Children thrive when their families have support. The Y works with schools, cities, healthcare partners, businesses and donors to help children learn and grow while families build stability.

This year, more than **4,900 students** participated in Y before- and after-school programs, and more than **800 families** received support with food, housing and other essentials.

LEARNING BEYOND THE SCHOOL DAY

Across San Francisco, Marin and San Mateo counties, the Y partners with local school districts to provide safe, enriching programs before school, after school and throughout the summer. Children receive academic support, build friendships and develop skills, while parents have care they can count on.

Through a grant-funded partnership with Arly and local school districts, **Power Scholars Academy** combines certified teaching, social-emotional support, field trips and family engagement in a six-week summer program.

Scholars gained an average of 1.5 months of learning in reading and 2.5 months in math.



1.5 months of learning in reading and 2.5 months in math.

"Structured out-of-school-time programs offer students more than simply an activity. They provide enriched opportunities to develop confidence, meaningful relationships, and essential skills that extend beyond the program and back into the classroom."

Beth Bonfiglio, Principal at Sutro Elementary School, San Francisco

STABILITY FOR THE WHOLE FAMILY

Families also turn to the Y for help with financial pressures, housing and personal crises. Our Community Resource Center in South San Francisco and four Family Resource Centers across San Francisco connect them with immediate assistance, one-on-one guidance and ongoing support.



This year, the Y and its partners provided:

- **368 families** with housing, utility and benefits assistance.
- **148 households** with intensive case management and advocacy.
- **313 families** with diapers, formula and essential supplies.

These services work together. A child has a safe place to learn while a parent receives help keeping the family housed. Families gain access to food, benefits and guidance from someone they trust.

Donors and community partners make this care possible, helping families find their footing and giving children room to grow.

THREE GENERATIONS, ONE Y:
Elizabeth Capistrano's Story

Elizabeth's family connection to the Y began with her mother, a teen parent who found work in youth programming at the Mission YMCA. Elizabeth grew up in Y summer camps and returned during college as an after-school coordinator. Over an 11-year career, she became senior director of youth development and operations.

Today, her toddler attends the Y's Early Childhood Education program at a Mission District preschool. The organization that supported her mother and helped raise her now cares for her child.

"Growing up at the Y, I never could have imagined that one day this same organization would be part of my 'village,' now supporting my partner and me as we raise our own kids."



CAPITAL CAMPAIGN HIGHLIGHTS

BUILD WITH US: REIMAGINE PENINSULA IS REDEFINING COMMUNITY WELL-BEING

For nearly 175 years, the Y has never stayed in one place—and neither do our communities. Today, answering the call of our neighborhoods means throwing out the old "swim and gym" perception to build spaces that nurture physical, mental, and social health.

Enter **ReImagine Peninsula:** the YMCA of Greater San Francisco's first intentionally designed Community Well-Being Center—a bold blueprint for what happens when we invite people to Be, Belong, Become.

SHAPED BY COMMUNITY

The vision for ReImagine Peninsula was built from months of active listening and dialogue across San Mateo County. Partnering with research firm Additive, we heard from **more than 400 local residents, current members, and former members** about what they wanted from a neighborhood hub.

The feedback was clear: people crave places that feed whole-person vitality. Asked what additions would make the biggest impact in their daily lives, **67%** pointed to state-of-the-art fitness equipment, **63%** wanted healthy lifestyle workshops, and **62%** wanted dedicated rest and recovery spaces like meditation suites.

Families also told us they needed a true "second home"—an intergenerational gathering spot with youth sports leagues, family activities, and caregiver support networks. We listened, and we're now building a modern campus where kids, parents, working adults, and seniors are active, connected, and supported.

POWERING THE VISION THROUGH SHARED PURPOSE

Bringing a civic dream this ambitious to life takes serious community momentum. The ReImagine Peninsula campaign is backed by an incredible **$5.2 million** lead gift from the **Frederick W. Petri Foundation**, bringing us that much closer to reaching our **$8.1 million** capital goal. Guided by our Capital Campaign Committee, these gifts will fund the transformation of the Peninsula YMCA into a community well-being center, creating refreshed spaces for fitness, connection and care.

The journey is well underway: with designs finalized and pre-construction moving fast, we're slated to break ground in **spring 2027** with an opening in **fall of 2027**.

"It is easy to look at a YMCA capital campaign and see a building. I see something different. We aren't simply building better facilities. We are building the places where belonging can begin. I found a community that helped me become who I am. And I want the next generation to have a place where that can happen to them."

– Derrick Burns, Peninsula Capital Committee Member



"I was excited to help with the Peninsula Y capital project because I love the Y's programs and support for the community and people of all ages. With the changes slated for the Peninsula Y, I hope the community will enjoy a more modern, refreshed building with more spaces to convene to sit and socialize, more spaces for fitness, and more programs focused on well-being."

Ed Chang, Peninsula Capital Committee Member



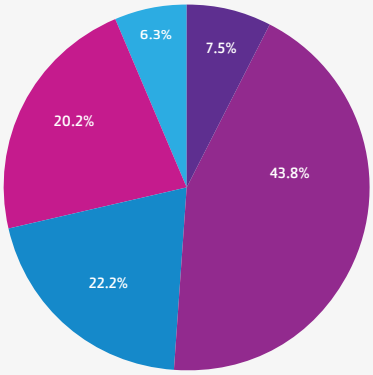
FINANCIAL IMPACT & REPORTING

The YMCA of Greater San Francisco is committed to uncompromising financial stewardship, transparency, and community impact. Every dollar entrusted to the Y is an investment in human potential—fueling cradle-to-career education, expanding neighborhood mental health access, and sustaining an essential civic safety net across San Francisco, San Mateo, and Marin counties.

In FY25–26, the Y mobilized more than **$120 million** back into Bay Area communities, creating measurable return on investment through life-changing local programs.



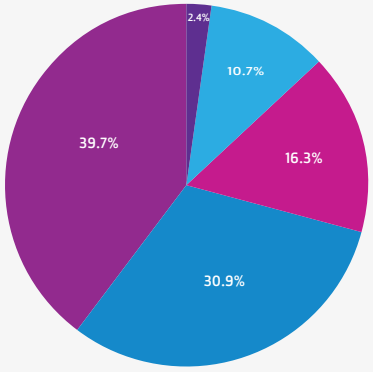
FINANCIAL SNAPSHOT: FY2025–2026



TOTAL REVENUE
$121,279,656

REVENUE

Private Fundraising and Events	$9,104,583
Public Grant Fundraising	$53,152,729
Membership	$24,461,529
Program	$26,874,796
Other	$7,686,018



TOTAL EXPENSES
$120,389,849

EXPENSES

Public and Private Fundraising	$2,847,627
Grant-Funded Programming	$47,796,867
Program	$19,667,009
Membership	$37,143,787
Administrative	$12,934,559

*Finances reflected here are unaudited. Audited financials will be available on our website after November 15, 2026.



PHILANTHROPY IN ACTION

Donors and philanthropic partners help the Y expand care, respond to community needs and sustain programs families count on.

- **Access to Health & Connection:**
  Donors and healthcare partners help make Y membership affordable, giving people a place to move, build friendships and care for their health. Membership for All financial assistance and insurance partnerships turn that support into everyday opportunities for well-being.

- **Lasting Community Investment:**
  Multiyear foundation support—such as ongoing investments from **Crankstart** for Bayview and Urban Services operations, the **Chan Zuckerberg Initiative** for Peninsula family support, and the **Metta Fund** for Active Older Adult wellness—helps sustain services in the communities these partners support.

- **Youth Access:**
  Donors provided direct financial assistance for youth, giving low-income scholars and campers equitable access to academic enrichment, swim safety, and summer learning programs.

"Here at Crankstart, we recognize that YMCA of Greater San Francisco does much more than simply operate fitness and community centers — rather, it creates the conditions through which young people and their families can find support, opportunity, and connection. We're deeply proud to support the organization's work building stronger, healthier communities in San Francisco."

Crankstart





This year, Camp Jones Gulch welcomed 4,020 summer camp participants.

"Our foundation supports initiatives for improving community well-being around the world, and we have chosen the Y as our primary focus in the Bay Area."

Peter Fredericks, Funding Passion and Love Foundation



LEADERSHIP & GOVERNANCE

Our staff leaders and Board of Directors guide the Y's mission, steward its resources and advance its vision for community well-being. Branch Advisory Board Chairs bring local insight and community connections to help shape services around neighborhood needs.

Senior Leadership

Jamie Bruning-Miles
President & Chief Executive Officer

Mittie Grigsby
Chief Financial Officer

Chip Rich
Chief Innovation Officer

Erin Clark
Chief Operating Officer

Derick Brown
Chief Advancement & Strategic Partnerships Officer

Chad Nico Hiu
Senior Vice President & Head of Strategy

Board of Directors

Dr. Gina Gregory-Burns
Board Chair
Retired, Internal Medicine Physician
Kaiser Permanente

Stephen Hankins
Vice Chair
Attorney
Riley Safer Holmes & Cancila LLP

Jorge Abaunza
Associate Chief Administrative Officer
The Permanente Medical Group

Dillon Auyoung
Director of Community Impact
Comcast

Mark Bley
President/Founder
Dome Construction Foundation

Jamie Bruning-Miles
President & CEO
YMCA of Greater San Francisco

Annabel Chang
Head of State Policy & Government Affairs
Waymo

Richard Chisholm
Retired
Wells Fargo Securities

Jon Eberly
Principal
Adportas, Inc.

Josué Estrada
Chief Operating Officer
Center for AI Safety

Glenn M. Farrell
Retired, Partner
KPMG LLP

Jennifer Gridley
Retired, Director of Marketing
HKIT Architects

Stephen Hayes
VP of Autonomous, Fleets & Operations
Lyft

Thomas Kearney
Retired, Partner
PricewaterhouseCoopers LLP

Greg Narvick
Chief Operating Officer
Nibbi Bros. Construction

Michael O'Connor
Partner
PwC

Shelby Pasarell Tsai
Attorney
Wilson Sonsini Goodrich & Rosati

Marianna Pisano
Executive Director
J.P. Morgan Chase

Amy Price
President
BentallGreenOak

Richard Robins
Retired, Partner
KPMG LLP

Stephen Rogers

Peter M. Susko
Retired, Chief Financial Officer
Homestead Capital USA LLC

Gary Teague
Retired, Commercial Real Estate
Market Executive - Pacific NW
Bank of America Merrill Lynch

Caryl B. Welborn
Retired, Commercial Real Estate
Attorney

John Willingham
Retired, CEO
Macquarie AirFrance

Carlene Wong-Lee
Retired, Neonatal-Perinatal Physician
Kaiser Permanente

Branch Leadership

Bayview Hunters Point YMCA
Murrell Green
Board Chair
Anastasia Gordon
Senior Executive Director

Buchanan YMCA
Jeff Briz
Board Chair
Suzanne Medina
Executive Director

Chinatown YMCA
Anne Li
Board Chair
Andy Chu
Executive Director

Embarcadero YMCA & Shih Yu-Lang Central YMCA
Lisa Adukia
Board Chair
Caitlin Markwith
Executive Director

Marin YMCA
Barbara Snekkevik
Board Chair
Andrew Ward
Executive Director

Mental Health Branch
Susan Burkhardt
Board Chair
Deidra Somerville
Executive Director

Mission YMCA
Sheila Chung-Hagen
Board Chair
Maysha Bell
Senior Executive Director

Peninsula Family YMCA
Alexandre Coimbra
Board Chair
Theresa De Dios
Senior Executive Director

Presidio Community YMCA
Chris Greene
Board Chair
Trevor Ditzler
Senior Executive Director

Richmond District YMCA
Valeria Gonzalez
Board Chair
Karly Huff
Executive Director

SF Community Action Agency
Aubrey Moore
Board Chair
Cesnae Crawford
Senior Executive Director

Stonestown Family YMCA
David Byrd
Board Chair
Grace Ihn
Senior Executive Director

Urban Services YMCA
Michele McMahon
Board Chair
Cesnae Crawford
Senior Executive Director

YMCA Camp Jones Gulch
Jeremy "JT" Tom
Board Chair
Carrie Herrera
Executive Director



YOUR SUPPORT MAKES IT POSSIBLE

Scan to view our donor recognition list honoring gifts of $1,000 or more.

Thank you to the more than 5,000 donors who invested in the YMCA of Greater San Francisco and our communities in FY25–26. Your generosity helps people find care, connection and opportunities to grow.

the YMCA

YMCA OF GREATER SAN FRANCISCO

Be, Belong, Become®

ymcasf.org